

FIRST AID QUICK SHEET

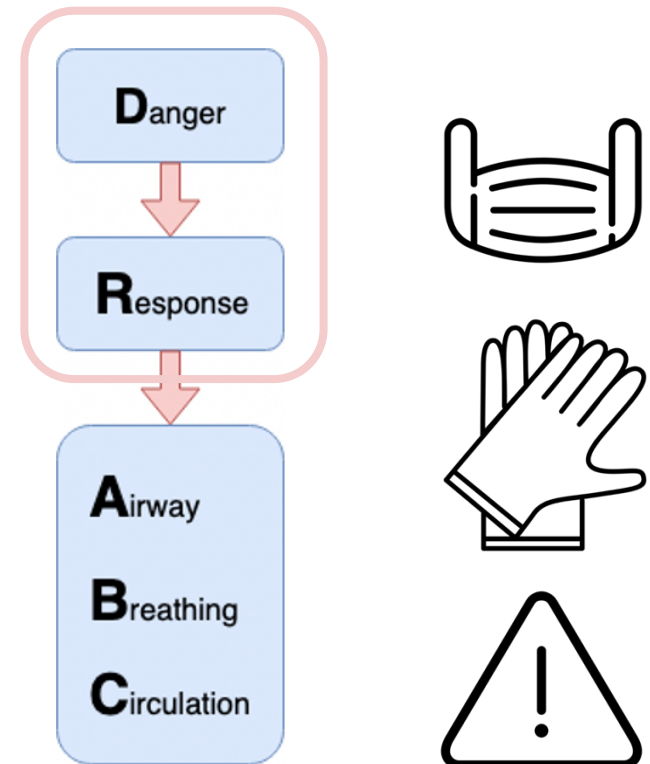
Scene Safety



*When providing first aid, your first and most important priority must always be your personal safety. Should you become injured while treating a casualty, not only will you be unable to provide further aid, but you will also become a burden for other first responders. Scene safety includes the **D** (Danger) and **R** (Response) steps of **DR. ABC** for first aid steps.*

Danger (D):

1. Ask someone to call for help if professional emergency medical services are available.
2. Protect yourself from potential infection or disease by putting on gloves and a mask. If you do not have access to gloves, use plastic bags.
3. Ensure it is safe to approach by blocking traffic and staying six meters away from any leaking fluid (petrol).
4. Make use of other bystanders to protect yourself and the casualty from any potential hazards that may arise.



Response (R):

1. Ask the casualty, "Are you ok? What is your name?"
2. Identify yourself as a first responder and ask for permission to help. Obtaining permission from a conscious patient is necessary before performing first aid is required (consent). If the patient is unconscious consent is assumed (implied consent) and you may provide first aid.
3. Quickly assess if the casualty is in immediate danger and needs to be moved.
4. If the casualty needs to be moved, request help from bystanders to move the casualty to safety.



After you have obtained consent and determined that both you and the casualty are safe from potential hazards, you may begin treating the casualty by moving on to the ABC steps of DR. ABC.

**Please be safe and practice first aid at your own risk. LFR International is not liable for injuries resulting from any first aid attempts.*